



## CAPITAL HOME CARE

Your Care – Beyond Compare

### Who is Capital Home Care

Since 2002, Capital Home Care has been providing superior home care services to help seniors and those in need live independently in the comfort of their own home. Planning for care at home can be overwhelming. We understand your challenges and develop a Personal Care Plan that is convenient for you or your loved ones.

### Our Caregivers

Our well qualified Caregivers are carefully chosen. We screen them through interviews, criminal background checks and references. We nurture warmth and compassion as main qualities in our Caregivers. On a regular basis, we follow up with you to monitor your Plan of Care and ensure that your needs are being met.

### Why Capital Home Care

- ✓ Ongoing assistance with Medicaid process and other related government programs
- ✓ Affordable care for private-pay clients
- ✓ Industry leading processes in Care Services
- ✓ Proven systems ensuring smooth operations
- ✓ Unique TRM (The-Right-Match) methodology to match the right Caregiver with you
- ✓ Culturally sensitive care
- ✓ Services / day - from 2 hours up to 24 hrs
- ✓ Caregivers and professionals who put their heart and soul in serving you 24/7

### Testimonials

*"Thank You for maintaining your services uninterrupted for the last 5 years. There is no way I would have had this reliability, if I had chosen an independent Caregiver. I tell my friends - looking for a Caregiver, trust me! just call Capital Home Care"*  
-- Richard, \* Gaithersburg MD

*"Thank You Capital Home Care, My Caregiver is the best in the whole world. I would recommend your services to anyone in a heartbeat, Warm Regards,"*  
-- Denise, Silver Spring, MD

\* Client name substituted due to confidentiality obligations



### Our Services

#### Personal Care

- ❖ Bathing and Dressing
- ❖ Feeding and Tuck-in Care
- ❖ Toileting and Incontinence Care
- ❖ Grooming and Hygiene
- ❖ Fall Prevention
- ❖ Transferring and Positioning
- ❖ Medication Assistance
- ❖ Registered Nurse Supervision
- ❖ Delegated Nursing Services
- ❖ Hospice and Palliative Care
- ❖ Skilled Nursing
- ❖ Range of Motion Exercises

#### Companionship and Homemaking

- ❖ Diet Planning
- ❖ Meal Preparation
- ❖ Light Housekeeping
- ❖ Grocery and General Shopping
- ❖ Appointments and Errands
- ❖ Laundry and Changing Linen
- ❖ Traveling Aide
- ❖ Periodic Review with Family
- ❖ Live-in 24 Hr. Care
- ❖ Transportation
- ❖ Organizing Paperwork/Mail
- ❖ Overnight Supervision
- ❖ Alzheimer's Care
- ❖ Respite Care

#### Capital Home Care Inc.

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R 2078: Licensed as a Residential Service Agency by the Maryland Department of Health and Mental Hygiene, Office of Health Care Quality

